



[Quick Links](#)
[Latest News](#)
[Upcoming Events](#)
[Employment Opportunities](#)



President's Message, February 2018
Lisa Maurer, MD, FACEP

I hope you are planning to join me in Madison for the 2018 Spring Symposium. The conference is sneaking up on us so [register today](#) and book your hotel stay before Friday (see below)! Some highlights:

- *#OrlandoUnited: Coordinating Medical Response to the Pulse Nightclub Shooting, Josef Thundiyl, MD
- *Respecting Patient Autonomy when Seconds Count: Involving Patients in Emergency Care Decisions, Erik Hess, MD
- *Telemedicine Update, Manish Shah, MD
- *Pediatric Pain Management, Amy Drendel, DO, MS
- *Recruiting and Mentoring Female EM Physicians

Another reminder for members! New this year, the WACEP Distinguished Service Award program recognizes an Emergency Physician in Wisconsin who has made extraordinary contributions to the advancement of the specialty. We've extended the deadline to the end of the day tomorrow, February 20. [Submit a nomination today!](#) The selected award recipient will be recognized during the Symposium.

See you in a few weeks!

-Lisa



Maintaining Sustainability and Longevity in our Practice
Lei Lei, MD, WACEP
Secretary/Treasurer

I have been out of residency for five years, and it is remarkable that even in my relatively young career, I find myself and my colleagues all over the country burdened with burnout. After having kids and starting my life anew after almost a decade of the "it'll get better" mentality, I sometimes wonder if I was overly

Submit a News Story for the Website



Wisconsin Chapter, American College of Emergency Physicians

563 Carter Ct Suite B
Kimberly WI 54136

920-750-7725

920-882-3655 (fax)

Email: WACEP@badgerbay.co

optimistic about the practice of medicine. Though it seems like it is the current "hot topic," it is becoming increasingly apparent that physician burnout is a persistent and growing issue in our profession which leads to significant downstream effects. Burnout contributes to poor physician retention, which results in worsening physician shortages, which in turn will self-propagate as the remainder physicians struggle to fill the holes leading to medical errors, bad patient care, and of course more burnout. Physician burnout contributes to depression and one of the highest suicide rates of any profession.

Our profession is woven into our identities. Work is not just work; it comes home with us; and goes to sleep with us. Physicians have been trained to project an indomitable image. In reality the typical emergency physician statically does not sleep well, eat well, and doesn't seek treatment for mental and physical ailments. Our irregular schedules working holidays and weekends make it difficult to manage family life; our unwieldy student loans hold us financially captive to the medical field as we are often not in a position to replace our income by alternative means. Third shifters are at particular risk for metabolic syndrome and chronic sleep disturbance correlating with an increase incidence of hypertension, diabetes, and decreased lifespan.¹ At the hospital we are charged with caring for our patients, striving to please exacting administrators, and being the stoic leader in the chaos of the ED. Self-care is always a peripheral after-thought. Even at home, we are often primary providers and our family members often view us as an endless resource for medical expertise. We care for others, but our own wellness is not a priority. [Read more.](#)

Symposium Hotel Reservation Deadline Extended

The deadline to book a hotel room at the discounted rate of \$149 has been extended to Friday, February 23! If you need overnight accommodation during the WACEP Spring Symposium, call The Edgewater at 1-800-922-5512 and request the Wisconsin Chapter, American College of Emergency Physicians room block or use our [custom booking link](#).

Doctor Day Draws Record Crowd

Doctor Day 2018 brought more than 450 physicians and medical students from across the state to Madison to meet with legislators and their staffs on Tuesday. Key issues



included a proposed Worker's Compensation fee schedule, a bill allowing chiropractors to perform comprehensive sports physicals for high school and college athletes, and legislation removing the requirement for certain nurses to work in collaboration with a physician.

Prior to meeting with legislators at the State Capitol, attendees heard from speakers including Gov. Scott Walker, who highlighted his Health Care Stability Plan to lower individual health care premium costs, provide seniors with greater health care stability, and protect those with preexisting conditions. He also discussed recent initiatives to combat the opioid crisis in Wisconsin. [View more WACEP photos](#)

OCI plans to work on network adequacy proposal through summer

January 30, Wisconsin Health News

The Office of the Commissioner of Insurance is drafting a proposal that would update state law and regulations on network adequacy for health insurers.

Spokeswoman Elizabeth Hizmi said in an email that the agency anticipates working on the proposal through summer.

Deputy Commissioner J.P. Wieske said the bill is based on work the agency did with the National Association of Insurance Commissioners to create [model legislation](#) that had the support of consumers, the medical community and the insurers.

"We felt that modernizing our network adequacy procedures to reflect that model made some sense," he said at a Wisconsin Health News event last month. He said current rules are "very complicated" and that the legislation would simplify the process.

The legislation would ensure that insurers have adequate networks to provide care and that consumers have access to care they need in-network, he said.