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My So-Called Life
President's Message, August 2018
Lisa Maurer, MD

I’m a partner in a medium-sized democratic group, big enough to generally be sheltered from huge swings in clinical load due to any individual’s personal leave or hiring of a new partner. I have EM doc friends who have mentioned that they’d have to miss out on previous commitments because of staffing changes such as those. That always felt like a far-away problem, until recently when our group was fortunate to pick up another contract, significantly increasing the clinical load faster than any group could hire. Bottom line: I got steam rolled, drowning in work and losing contact with my “real” life. It was all voluntary by the way; in our group’s typical uber-democratic fashion, I was able to choose how many shifts I could bear for a handful of months until more docs were hired on. Just now I’m coming out on the other side as a great new group of docs recently joined our ranks, and I’m able to look back and reflect on lessons learned during my own ebb and flow of clinical work that is common for emergency physicians. Read more.

A Smarter Way to Medically Clear ED Patients in Acute Psychiatric Crisis?
Bobby Redwood, MD, MPH, Immediate Past President

Each year the Wisconsin ACEP board of directors, in conjunction with our membership, chooses three strategic priorities: one for our profession, one for our physicians, and one for our patients. These priorities are assigned to a task force, which is in turn given the institutional resources needed to effect real change. In 2018, WACEP is focused on reducing the ED length of stay for patients in acute psychiatric crisis (aka psychiatric boarding). To achieve this admittedly lofty goal, the WACEP psychiatric task force joined forces with the Wisconsin Medical Society and the Wisconsin Psychiatric Association with the shared goal of reducing ED length of stay for one of our most vulnerable patient populations. Our group meets once every six weeks, strategically laying the groundwork to revolutionize the way we operationalize the medical clearance and transfer of psychiatric patients in Wisconsin EDs. Thus far, the work group has recognized some of the most common bottlenecks in the medical clearance process, including unnecessary testing, requiring lab results prior to initiating the transfer discussion, lack of bed availability, lack of bed coordination, and various suboptimal transportation procedures. As of our last meeting, we are happy to report that we have reached a phase where feedback from our emergency physician workforce is needed. Read more.

FitWell Contest Ends August 31 -- Enter to Win!

Are you sharing your fitness stories through WACEP’s social media accounts? Make sure to post pictures of your wellness activities on
Twitter or Instagram using hashtag #fitwellWACEP. Tag your EM friends on your public posts and your entries will count double! Continue posting through August 31, 2018, after which one winner will be chosen by random drawing for a WACEP branded fleece and $200 to be applied to a gym membership.

**Wisconsin Meet-Up at ACEP18**

Heading to San Diego for ACEP18? Make sure to stop by the WACEP meet-up reception, Tuesday, October 2 on the rooftop at Kimpton Solamar Hotel. Please let us know if your coming... [RSVP here](#).

**New Resource: MAT and the EM Workforce**

WACEP has developed an [infographic](#) that is helpful for not only emergency physicians, but primary care providers, hospital administrators, local public health agencies and all who are working together to lead the charge against opioid addiction. The resource summarizes the knowledge, attitudes, and beliefs held by Wisconsin emergency physicians about initiating Medication Assisted Treatment with Buprenorphine (MAT) in Wisconsin’s emergency departments. Please share this new tool widely!

**MAT Waiver Training Opportunities for Emergency Physicians**

- ACEP will be hosting an 8-hour in person Medication Assisted Treatment (MAT) Waiver training, as a pre-conference workshop to ACEP18 on Sunday, September 30 in San Diego. [Learn more](#).
- WISAM is hosting the ASAM Treatment of Opioid Use Disorder Course (including waiver qualifying requirements) as 4-hours of online learning to be completed prior to 4-hours of in-person live learning on Saturday, September 29 in Madison. [Learn more](#).
- WACEP will host an emergency-medicine specific MAT Waiver training course in spring 2019. Stay tuned for details.